


# PREGNANCY, FERTILITY, AND THE COVID-19 VACCINE

  
**FACTS  
ABOUT THE  
COVID-19  
VACCINE**



## If you are pregnant, you might choose to be vaccinated for COVID-19.

According to both the Centers for Disease Control and Prevention (CDC) and the American College of Obstetricians and Gynecologists (ACOG), it is safe for pregnant and breastfeeding women as well as women considering pregnancy to be vaccinated for COVID-19. However, getting vaccinated is a personal choice and should be a decision made after discussing it with your health care provider.

### CURRENT FACTS ABOUT THE COVID-19 VACCINE AND WOMEN WHO ARE PREGNANT OR BREASTFEEDING:



Currently, there is no evidence that COVID-19 vaccination causes any problems with pregnancy, including the development of the placenta.



While limited, current safety data on the use of COVID-19 vaccines in pregnancy does not indicate any safety concerns.



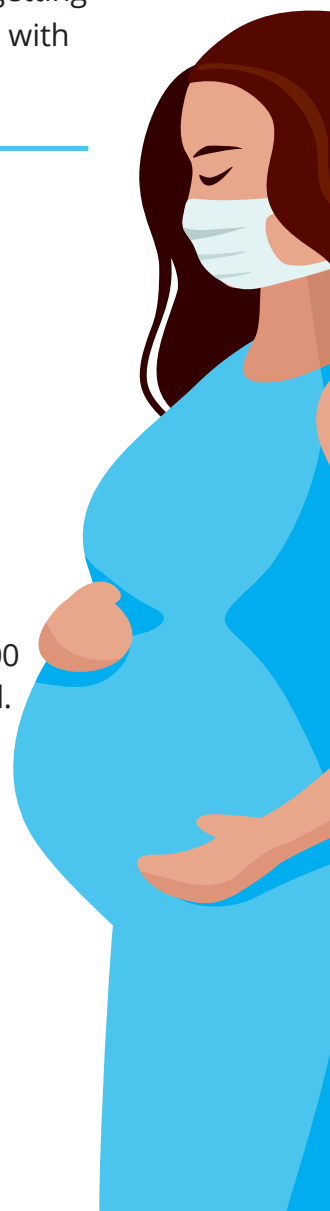
Through the v-safe safety monitoring system, the CDC is observing pregnant women who have received the vaccine. To date, more than 77,000 pregnant women have been monitored, and no issues have been reported.



Breastfeeding is rarely a safety concern with vaccines, and the three authorized COVID-19 vaccines are not thought to be a risk to a breastfeeding infant. Also, according to ACOG, when breastfeeding mothers get vaccinated, they produce antibodies that can be passed through breast milk and help protect their children from the virus.



Pregnant women are at increased risk for severe illness and hospitalization from COVID-19. Vaccination can significantly reduce or even prevent these risks.



**FOR COVID-19 UPDATES:** Visit [de.gov/covidvaccine](https://de.gov/covidvaccine), call 1-833-643-1715, email [vaccine@delaware.gov](mailto:vaccine@delaware.gov), and follow the Delaware Division of Public Health (DPH) on social media.

## WHAT IF I'M NOT PREGNANT NOW BUT WANT TO BE AT SOME POINT IN THE FUTURE?

- **No loss of fertility has been reported** among vaccine trial participants or among the millions who have received the vaccines since their authorization, according to ACOG.
- ACOG also says there is no evidence that the vaccine can lead to loss of fertility, saying **"it is scientifically unlikely."**

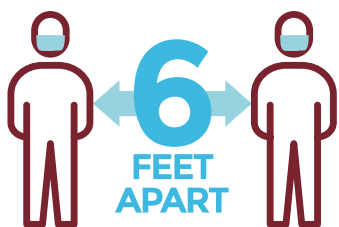
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## IF YOU RECEIVED A COVID-19 VACCINE WHILE PREGNANT, CONSIDER PARTICIPATING IN THE V-SAFE PREGNANCY REGISTRY.

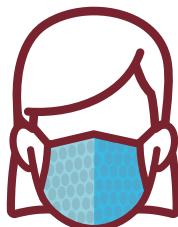
If you received a COVID-19 vaccine while pregnant, we encourage you to enroll in v-safe. It's the CDC's smartphone-based tool that uses text messaging and web surveys to provide personalized health check-ins after vaccination. A v-safe pregnancy registry has been established to gather information on the health of pregnant women who received a COVID-19 vaccine. If those enrolled in v-safe report that they were pregnant at the time of vaccination or after vaccination, the registry staff might contact them to learn more. Participation is voluntary, and participants may opt out at any time. **REGISTER ON YOUR SMARTPHONE AT [vsafe.cdc.gov/en/](https://vsafe.cdc.gov/en/).**

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## AFTER GETTING VACCINATED, CONTINUE TO FOLLOW SAFETY RECOMMENDATIONS.



**Maintain social distancing by keeping 6 feet or more apart.**



**Wear a face covering over your mouth and nose, and make sure it fits snugly over the mouth and nose.**



**Wash or sanitize your hands frequently.**